Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything.

Plato
“Learning an instrument can teach and develop so many fundamental life skills. It promotes discipline, empathy, determination and cooperation as well as providing a sense of community and worth.”

Saxophonist Jess Gillam, Ulverston
Music Services for Schools
2019-20

Instrumental & Vocal Tuition .......... Individual or small group lessons ........................................ p6-7
First Access Lessons ................ Whole class instrumental teaching ............................................... p8-9
Instrument Hire for Schools ........ Sets of instruments (percussion or instrumental) .................. p10
First Access African Drumming .. E-supported annual programme ............................................ p11
Arts Award - Discover ............. Option for First Access classes and instrumental students .... p13
Curriculum Support ................ Classroom music lessons covering the curriculum ............... p12-13
Singing .................................. Choirs or large group singing groups ............................... p14
African Drumming Workshop .................................................. p15
Javanese Gamelan Workshop .............................................................. p15
Song Writing Workshop ................................................................. p16
Innovative ICT & Music Workshops ................................................ p16
See, Hear, Play Workshop ................................................................. p17
Charanga ......................................................................................... p18
MIDAS ............................... Music Improvement, Development and Support Offer ................. p19
Play Together ................................................................. p20
Cumbria Music Hub Events ........................................................... p21
Benefits of Music ................................................................. p22
Music Conference: Cultivating Creativity ................................................................. p24
Introduction

Cumbria Music Service is proud to offer tuition and musical experiences to every school in Cumbria to help you to provide a robust and inspiring music curriculum in your school. All our tuition is designed to meet Government requirements for schools as laid out in the National Curriculum (for KS1/2, KS3) and the National Plan for Music Education.

As the lead organisation of Cumbria Music Education Hub we work with a range of local and national partners to deliver the best music education for children and young people.

Our Core Roles as a Music Education Hub are to:
1. Ensure that every child aged 5 – 18 has the opportunity to learn a musical instrument (other than voice) through whole-class ensemble teaching programmes for ideally a year (but for a minimum of a term) of weekly tuition on the same instrument.
2. Provide opportunities to play in ensembles and to perform from an early stage.
3. Ensure that clear progression routes are available and affordable to all young people.
4. Develop a singing strategy to ensure that every pupil is singing regularly and that choirs and other vocal ensembles are available in the area.

Simon Yeo
Manager of Cumbria Music Service/Lead Organisation for Cumbria Music Hub
Teaching Activities
Summary by age

Early Years  KS1  KS2  KS3  KS4  KS5
Singing

Instrumental Lessons
Music Curriculum Support
First Access: recorders, ukulele, toots & dood, pbuzz, pphone & ptrumpet
First Access: all instruments

African Drumming
Gamelan
Song Writing
ICT & Music
See Hear, Play
Events and Projects
Summary by age

As the lead organisation for Cumbria Music Education Hub, we work with a range of local and national partners to deliver the best music education opportunities for children and young people.

<table>
<thead>
<tr>
<th>Early Years</th>
<th>KS1</th>
<th>KS2</th>
<th>KS3</th>
<th>KS4</th>
<th>KS5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Big Sing</strong></td>
<td><strong>Big Play</strong></td>
<td><strong>BBC Introducing</strong></td>
<td><strong>Friday Live</strong></td>
<td><strong>Cumbria Calling: composition project</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Music Centres: ensemble activities</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Cumbria Youth Orchestra</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Cumbria Youth Choir</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>National Youth Jazz Orchestra Academy</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Summary of Prices

Instrumental & Vocal Tuition ........ Individual or small group lessons ........................................ £46.50 /hour
First Access Lessons .................. Whole class instrumental teaching ........................................ £47 /hour
Arts Award - Discover .................. for First Access classes and instrumental students
First Access African Drumming .......... E-supported annual programme ................................ £420 /year
Curriculum Support ..................... Classroom music lessons covering the curriculum... £51.66 /hour

Instrument Hire for Schools .......... Sets of instruments (percussion or instrumental) .... prices vary
Singing .................................................. Choirs or large group singing groups ................ £46.50 /hour
Workshops .................................................. prices start from £150
African Drumming
Javanese Gamelan
Song Writing
Innovative ICT & Music
Charanga Subscription ................................................................. £185 /year
MIDAS .......................................................... Music Improvements, Development and Support .......... FREE
Our team of talented specialist music teachers deliver small group and individual lessons in school:

- **Lesson Length:** normally 30 mins per group/individual
- **Recommended Group size:** 2-6 pupils
- **Cost:** £23.25 /half hour (schools invoiced monthly)
- **Minimum booking:** 30 mins per teacher
- **Target age range:** KS1 to KS5
- Under the current charging legislation you may pass on these costs but must not make a profit. You should have a remission policy in place so that no young person is disadvantaged.

**Brass:** trumpet, cornet, flugel horn, French horn, tenor horn, baritone, trombone, euphonium, tuba

**Woodwind:** flute, clarinet, saxophone, oboe, bassoon, recorder

**Strings:** violin, viola, cello, double bass

**Guitar:** acoustic, electric, bass and ukulele

**Piano and Keyboard**

**Voice**

**Package includes:**

- Specialist Instrumental/Vocal teacher
- Support pathways towards Arts Awards, D of E Awards
- Tutoring towards external music exams (eg ABRSM, Trinity, Rock School)
- Support and guidance for GCSE, BTEC and A level music
  - Advice on pathways for engaging in musical activities
  - Annual student reports
- Group music making through local Music Centres, county and national groups
Instrumental and Vocal Tuition

Endangered Instrument Offer: Cello, Oboe, Bassoon

We are encouraging children to take up under-subscribed orchestral instruments with a reduced rate of £18.25 per 30 minutes.

* offer subject to teacher availability and not applicable for mixed groups.

"Studying music builds cultural knowledge and creative skills. It improves children's health, wellbeing and wider educational attainment ... Music also enables young children to develop the sheer love of expressing themselves through music, discovering their own inner self and being able to develop emotional intelligence and empathy through music."

Music Education: State of the Nation
First Access
Whole Class Instrumental Teaching

The First Access Programme gives every pupil the opportunity to take part in a sustained period of tuition on a musical instrument as outlined in the National Plan for Music.

- **Instruments:** Brass, strings, woodwind, recorder, guitar, keyboard, percussion
- **Standard Cost:** £1786 /year for 38 weeks of delivery
- **Free Charanga membership** for every teacher in school. This interactive web-based teaching and learning music resource is worth £185 per year
- **Target age range:** KS1 & KS2

Whole-class instrumental teaching involves every child in first-hand experience of live music, group singing, ensemble playing, performance and composing. It enables all pupils to succeed, including those who lack encouragement or support from their parents/carers, or who need additional support for other reasons.
First Access
Whole Class Instrumental Teaching

Early Years and SEND
We have innovative instruments ideal for younger players and SEND pupils. We are happy to advise which instruments will be suitable for your group.

Arts Awards - Discover
Is your school considering taking Arts Awards Discover?
• Our teachers will help out with the course and cover the criteria
• Suitable for First Access classes or curriculum music lessons
• Please speak to us if you are interested in this option

Package Includes:
• Class set of musical instruments
• All teaching resources
• Provision of a specialist music teacher
• School performances for parents
• Access to local area music centres
• 1 year free subscription to Charanga PLUS annual Charanga resource training session
• Opportunity to take part in Discover Arts Award for every First Access pupil
Instrument Hire Scheme

School Instrument Set Hire
Class sets of 30 instruments are available for schools to hire per term or annually (subject to availability)

- **Brass, Woodwind**: £300 /term or £800 /year
- **Strings, Guitars/Ukuleles, Percussion** including Samba/Djembe: £200 /term or £500 /year

For more information email: Jayne.bowman@cumbria.gov.uk

Instrument Lease Scheme
- a wide range of instruments for lease direct to families and schools
  - 3 month trial for £30 in the first year
  - Instruments delivered direct to school
    - Book online

<table>
<thead>
<tr>
<th>Instrument</th>
<th>Instalment 1 first year only</th>
<th>Instalment 2 first year only</th>
<th>Annual Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Violin/Viola/Guitar</td>
<td>30</td>
<td>32</td>
<td>62</td>
</tr>
<tr>
<td>Flute/Clarinet/Cornet/Flugel/Horn/Trumpet</td>
<td>30</td>
<td>40</td>
<td>70</td>
</tr>
<tr>
<td>Cello/Alto &amp; Sop Sax/Tenor &amp; French Horn/Trombone</td>
<td>30</td>
<td>50</td>
<td>80</td>
</tr>
<tr>
<td>Oboe/ Tenor Sax/Baritone/Euphonium</td>
<td>30</td>
<td>56</td>
<td>86</td>
</tr>
<tr>
<td>Double Bass/Bassoon/Tuba/Bass Clarinet</td>
<td>30</td>
<td>62</td>
<td>92</td>
</tr>
</tbody>
</table>
First Access
African Drumming

This is an alternative to our regular First Access instrumental programme. If you have class teachers who are willing to teach their class weekly using the teaching resources provided this may be the package for you.

**Package Includes:**
- E-learning teaching resources for class teachers: comprehensive step-by-step resources designed for non-music specialists
- A half termly class session with African Drumming master musician Zozo Shuaibu
- A half termly CPD after school session for class teachers with Zozo Shuaibu
- End of term performances
- A year’s free subscription to Charanga for all teachers in your school - award winning online music resource

**Cost:** £420 per class /year. Includes free Charanga membership (worth £185)

**Target Age Range:** KS2

**Instruments:** If you don’t yet have your own set of djembes you can hire from us for a limited period
Curriculum Support
Whole Class Music Teaching

Our specialist, whole class music teaching is designed for National Curriculum requirements. Actively ‘making music’ - firstly through use of the voice, then supported by a wide variety of classroom percussion instruments - is central to our approach to teaching and learning. This promotes the progressive development of musical skills and concepts through performing, composing and listening.

Package includes:
• Specialist Qualified Music Teacher
• Planning & Delivery
• Assessment Guidance
• A year’s free subscription to Charanga - the award winning online music resource
• Opportunity to take part in Discover Arts Award for every pupil
• 35 weeks delivery allowing flexibility for school trips and special events. Additional weeks are available to buy.

Target Age Range:
KS1 & KS2

Typical Costs:
Morning session (9-12) £5,420 /year
Afternoon session (1-3.15) £4,065 /year
Additional weeks £51.66 /hour

We will be as flexible as possible to ‘fit in’ with your weekly timetable. These costs are typical of the schools we work with, but we aim to design a support programme to suit your individual needs.
Arts Awards - Discover
Is your school considering taking Arts Awards Discover? Our teachers are happy to help with the course and to cover the criteria.

Suitable for First Access classes or curriculum music lessons.

Secondary Schools support for KS4/KS5
We can support music students in Years 11-13 with their exams by:

• Preparing and recording performances (part of instrumental tuition)
• Delivering Music Theory lessons

Consultancy
Advice and guidance on specific music curriculum issues including developing schemes of work, lesson planning and assessment at KS1 & KS2.

£60 per hour
Singing

Learning to sing is an important part of every child’s musical development. The National Plan for Music states that schools should “ensure every child sings regularly”.

We deliver whole class or large group vocal tuition. This can help your school to start or develop your choir/singing club or support your whole school singing for collective worship and assemblies. Weekly sessions are available for lunchtime or after school activities.

Package includes:
- Specialist Music Teacher
- All teaching resources
- School performances for parents
- Opportunities to take part in large scale singing events organised by the Music Hub
- Opportunity to take part in Discover Arts Award for every pupil
- Opportunity for CPD for teachers who remain with the class

Target Age Range: KSi & KS2

Cost:
Weekly 45 minute session: £1325/year (for 38 weeks delivery)

Also Available:
Individual and small group tuition from our Vocal Specialists for pupils who want to extend their vocal skills.
African Drumming
Drumming is used to celebrate, relieve stress and anxiety, develop communication skills, to energise and encourage. Drumming and rhythm is a universal language – anyone and everyone can get involved. The workshop develops and encourages teamwork, fun, expression and improvisation in addition to rhythms, techniques, dynamics and songs. Children will explore authentic African music and stories with master drummer Zozo Shuaibu.

• Half day workshop
• Led by experienced musicians
• Gamelan instruments can be brought into your school or groups can experience the full Gamelan in Penrith or Cleator Moor
• Target Age Range: KS2, KS3 & KS4/5
• Cost: £200 /half day

Javanese Gamelan
Gamelan is the Javanese word for Orchestra, made up of traditional Indonesian percussion instruments including metallophones, xylophones, gongs and drums from Indonesia. This fun workshop develops teamwork, collaboration and concentration.

Students will learn about the traditions of Javanese Music, compose their own music and improve their rhythm and ensemble skills.
Workshops
Cross-Curricular

Song Writing
Develop English through Music
Experience working with a professional song writer to compose and perform a song. Your song can be related to any topic in the curriculum, for a special event or a school anthem.

Our musician will guide the children to create lyrics, mood and music. With a second visit your song can be refined, rehearsed and recorded/ performed.

Innovative ICT/Music Sessions

Build a computer, write and crack the code and perform your work.

2. Conductive Orchestra: Music and Coding
Learn basic C++ programming language with Raspberry Pi computers. Students connect conductive items like fruit or tin foil to the computer via a Pi Hat circuitboard, write code to assign sounds and learn a short piece of music or create an ensemble composition.

Package includes:
• 10 Raspberry pi computers
• Worksheets and Handouts
• Teacher Resource Pack
• Target Age Range: Years 4-6
• Cost: £60 per hour
• 1 or 2 hour sessions

• 1 or 2 Half Day sessions
• Led by a professional song writer
• Link the English and Music curriculum
• Target Age Range: KS2, KS3, KS4/5
• Cost: £175 /half day
See, Hear, Play
Pupils will hear instruments being played and discover how sound is made. This is followed by a chance for small groups to have a go at playing a range of instruments from different families.

This workshop can be delivered as a half-day session, or as 3 weekly sessions of 1 hour.

- **Half day workshop**
- We provide instruments suitable to the age group
- **Target Age Range:** KS1-3
- **Cost:** £200/half day

“Setting my mind on a musical instrument was like falling in love. All the world seemed bright and changed.” William Christopher Handy, the father of Blues
Charanga
Award-winning online music resource

The best-selling, modern resource for primary music - online, easy to use and great value.

Cumbria Music Service is delighted to introduce you to a wealth of digital learning resources to help support music teaching and learning in your school. Charanga provides hundreds of exciting resources and lessons for class music at all Key Stages. Engage and support your pupils in new and exciting ways with high-quality digital learning resources.

All resources are easy to use, in class and at home and are instantly accessible to teachers, pupils and parents.

FREE Subscription for schools purchasing First Access or Curriculum sessions

Annual subscription: £185

FREE One Month Trial

Charanga License includes:
• A complete scheme to teach the National Curriculum for Music
• A vast library of songs, topics, instrument courses and creative apps
• In-depth support for assessment, SEND and personalised teaching and learning.
• Create lessons for your pupils to use online, both in school and at home
• Share your ideas with other teachers via the Community section
We offer a FREE visit to every school to discuss and assess your music provision with an accredited music practitioner. This confidential meeting will:

- provide guided self-assessment of music provision in your school
- draw-up manageable objectives for the future
- raise awareness of the Music Education Hub and how it can help you achieve your goals
- contribute to whole school self-evaluation
- provide a useful CPD tool for teachers

In recognition of your support for music education we will pay for your Music Mark School Membership for a year.  [www.musicmark.org.uk](http://www.musicmark.org.uk)

Music Mark is the UK Association for stakeholders in music education. It is at the forefront of campaign for the future of quality music in our schools and provides national support to all of us engaged in the delivery of Music Education. School Members can add the Music Mark Logo to their letterheads and websites and benefit from a range of superb support services.

“the visit helped to focus on both the strengths of the school’s music curriculum as well as realistic areas for development ... it was very much a supportive process.” EC Fairfield Primary School
Play Together

Music Centres
Cumbria Music Service provides exceptional local opportunities for young musicians to engage in group music making with other students in a friendly and creative environment.

Ensembles are available at all levels, from beginner to advanced, and coaching is provided by skilled music teachers. Music Centre activities are open to all young musicians in the county.

Pupils are normally advised by their instrumental teacher to join a suitable beginner group, progressing to an intermediate ensemble when they are ready.

County Youth Groups
High achieving pupils are invited to join with other musicians from across the region in our County Youth Groups, which work towards an annual performance:

Cumbria Youth Orchestra
6 Sundays during the year in Carlisle

Cumbria Youth Choir
6 Sundays during the year in Carlisle

Cumbria Jazz Academy
Every half term in Penrith led by tutors from National Youth Jazz Orchestra.

visit www.cumbriamusichub.com
Cumbria Music Hub Events

Primary and Secondary Schools are invited to take part in a wide range of collaborative of events which give experience of large-scale performances with other schools and access to working with high-profile National partners.

**Current Events:**
**Big Sings for KS1 and KS2:** Furness Voices, Ulverston Voices, La’al and Big Sing, Eden Big Sing, Mini Sing, Big Sing West
**Big Play** for First Access groups
**National Youth Jazz Orchestra workshops**
**BBC Introducing in Schools**
**Friday Live:** music ensemble concerts with Lake District Summer Music
**Cumbria Calling:** composing and performing projects with Orchestras Live and Manchester Camerata

**Previous Partners include:**
BBC Philharmonic
BBC Radio Cumbria
Royal Philharmonic Orchestra
Mahogany Opera
National Youth Jazz Collective
The Benefits of Music
...good for children, good for your school

3. Music Boosts School Attainment Levels  A musical school is a successful school. Time and again music has been the catalyst that makes a good school exceptional. When the alchemy of music is allowed to permeate the school curriculum it has a positive effect on all aspects of the school’s learning. Music also enhances the reputation of the school and its pupils

4. Music Underpins Better Behaviour  To learn music you need discipline. To play well, regular practice and dedication are essential. Research* shows that success in the arts, including music, changes pupils’ behaviour, increasing concentration levels, developing team work and creating respect for the school environment

2. Music Fosters Team Working  Playing in small groups, whole classes or any ensemble or orchestra means you are part of an integrated team, with a sense of ownership and a common goal

5. Music Enhances Social Skills  Playing an instrument or learning to sing requires real concentration. Quietness and calm, whether on stage or in the classroom are essential. Working alongside other members of a music group helps children to recognise their own skills and appreciate those of others. This builds life skills and promotes the importance of working in harmony with others

1. Music Improves Learning Skills  Research by the University of London has clearly demonstrated the cognitive benefits that music gives to children, particularly in Key Stages 1 and 2.*
6. Music Encourages Creativity  Music stimulates creativity through playing and composition. It enables young people to express themselves like no other medium. It is a vital part of learning and a wonderful cultural introduction to life. To succeed in the future children will need to be inventive, resourceful and imaginative.

7. Music Is For Life  An early start in music often leads to a life long passion. Whilst not all students go on to play in concert orchestras or famous rock bands, this is a precious gift. The seeds sown in the classroom can flourish for a lifetime.

8. Music Is An Educational Building Block  The Government said in their response to the Henley Review of Music Education: "Music is an enriching and valuable academic subject. Research evidence shows that a quality music education can improve self-confidence, behaviours and social skills as well as improve academic achievement in areas such as numeracy, literacy and Language."

9. Music Is Fun  Music making is not only good for the brain but good for the heart. Young people enjoy the pleasure of mastering a tune or a song, and the prestige and stimulation of a first performance in front of an audience is an adrenalin rush that is never forgotten.

10. Music Is For Everyone  Music is inclusive irrespective of abilities. Studies show that music can be of particular benefit to young people in challenging circumstances. Music gives SEND children a unique motivation to participate and communicate.

*see www.cumbriamusichub.com for more information